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1. Formulation of the problem.

Once everyone meets his ideal. People want to be like their hero. Their heroes motivate and guide them. Everyone wants to attain perfection. It is very important to meet your hero on the path of life. Heroes become inspiration for many people.

2. Main part.

My mother is motivation and inspiration for me. I like her way of thinking, I like that she never desponds. She says that it is very important to find yourself, to be pacified, to grow spiritually, to love your life accept despite all the difficulties and troubles. I am glad that such person is always next to me, which guides me, teaches me not to lose heart and makes me happy. Her life is not perfect. Perhaps she imagined that she will have another life, maybe she dreamed of another husband and another job, but despite of everything, she learned to see the good in the bad things. I hope that someday I will follow her example.

3. Conclusion.

If we achieve harmony with ourselves, we already will be heros. Sometimes people need energy, willpower to achieve their goals. At such moments, we need a person, who will help us to solve problems, to cope, who will gives to us advices. Someone does not have such person. Some people support their friends, acquaintances, relatives. However, I think, the most reliable and the most sincere person is mother. Friends may betray, relatives may turn away and leave you, acquaintances are not interested in other people s problems. But mother never leaves you. Even when you grow up, you will feel mother s warmth, love and mothering.