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In my opinion, goals are imaginations about something that you want to achieve in your life in the future. It's important to have goals because no one can't live without them. Everyone has a goal or few goals in life, which he or she needs to achieve. Someone wants to be rich or famous person, someone dreams about simple true love like in the movies.

There is a lovely phrase, often attributed to the philosopher Niccolo Machiavelli. In the original language, it reads like "Il fine giustifica I mezzi". Translated into English this phrase means that "The end justifies the means". But everyone should remember that not all means of achieving goals is good and in the end, you will achieve your goal, but you might lose something important to you.

The dream of goal achievement always involves a lot of physical and emotional labor. If you are ready for it, you need to follow the many specific things. From my point of view there are 5 the most important steps which will help everyone in achieving the goal.

Step 1. Decide what you want.

You need to determine what goals you follow. Think about what are you good at and what you want to succeed. It can be a variety of skills, Hobbies, interests. It's up to you to decide what you want.

Step 2. Determine if it's possible.

It's sad, but not every dream can come true. Unfortunately, if you want to be an astronaut, but you have a weak heart, you will not be able to realize your dream. Accept yourself and look for the strength inside you and find another purpose in your life.

Step 3. Plan.

This is the easiest item. You just need to define the path to achieve goals and methods of achieving it.

Step 4. Dedicate your time.

Distribute time between work, studying and your personal affairs.

Step 5. Stay motivated.

It's one of the hardest parts of following your dream. If you doubt yourself then keep track of your progress or you can ask relatives for assistance.

I followed these rules when just begun an independent life. Rules are rules but all of us need some push and support.