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My name is Marina and I always achieve my goals. So my parents raised me, they showed everything by their example.

What is success? Everyone identifies it with different concepts. We are all individual and unique, so we all have different goals. But, according to the general opinion, success still rests on three pillars - this is health, family and work. If one of these pillars is out of order, it is hardly possible to experience joy fully. Here are eight simple at first glance steps that will help lead you to the desired success.

Step 1. Clearly define the goal. What is success for you? Give birth to a long-awaited child, pass on the right, get a new position, open your business? Someone wants to meet his person and, having met him, understands: "This is a success!" It is very important to be frank with yourself, so as not to begin to implement other people's dreams and aspirations. Indeed, in this case, even having reached the goal, you will experience not joy, but disappointment. So what exactly is your success?

Step 2. Move on without stopping.

Many believe that the most difficult thing is to take the first step. But in fact, it turns out that it is much more difficult to persevere. To one day overcome a long and thorny path, the final point of which is success, you must always move forward and make every possible effort to accomplish your goal. Every day, seven days a week, despite the bad mood or rainy weather.

Step 4. Learn. Be open to everything new, absorb unfamiliar information, be on the wave of changes. Change with the world, keep up with the times, discover new people, teachers, experts, directions. Yes, it is difficult, labor-intensive, especially if you are no longer twenty, but life is such that if you do not move forward, then roll back. In addition, continuous study is also an effective prevention of age-related problems with brain neurons (senile dementia, for example).

Step 5, Tune in to positive.

These are not just words. Help others, and the universe will definitely help you. Be kind and indulgent to the mistakes of others. Try to make your actions leave only positive

impressions of others.