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Unfortunately in Russia most of people can't manage their own money. This situation takes place in Russian because no one taught people that.

The parents, as a rule, avoid this theme in front of the kids. Maybe because they don't know how to do it, maybe they have got some concepts to don't speak about money with the children, maybe because they don't have enough money at home and this topic confuses them. In addition, the subject of money management is not available at schools and universities.

Lack of such necessary knowledge, as a rule, follows people to doing even more mistakes with their finances. Then financial loss comes to the families. Often this is the main reason of the emotional uneasiness and stress.

But generations change, technologies develop and a lot of information comes to us from countries where people know or want know how they can manage their money.

Nowadays in Russia a lot of people learn or try to learn the ways of finance managing.

Next, I will represent some ways, techniques and strategies for manage your money. All of these you can find online and study them more carefully.

1. 6 jars budgeting method. It is system of money managing, which is described by the Canadian business speaker T. Harv Eker in his book "Secrets of millionaire mind". The essence of this system is the distribution of all income for six categories. The main rule says that you can't spend money from one category to compensate each other.
2. Making a several ways of income. This way is described by Robert Allen in his book "Multiple streams of income" The main theme is the proposition that you should several streams of income, for example: salary, profit from renting something, dividends from shares.
3. The method of Rich dad. This method is appeared in the book "Rich dad Poor dad" by Robert Kiyosaki. This book is famous around the world. The basic meaning is spending your money on acquisition of assets, which will give you more money.

This is only a small part of the available financial strategies, but if you begin to learn them you will begin to understand the topic of the money managing and it will gradually lead you to understand how to manage your money.