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In their free time, some people like to spend their time going shopping. But the concept of shopping includes not only the purchase of clothes, shoes, accessories, but also mandatory trips to the grocery store to buy food for the week. Sometimes people combine going to the store to buy clothes and then products. For most people, shopping is like a cure after a hard week or just a treat.

As far as I know, there is a so-called shopping therapy that helps people relax by buying a variety of goods, and even just looking at the shop Windows so I love shopping. After all, when you go shopping, you forget about some problems for a certain time, it just serves as a soothing and relaxing effect. Usually when I do not have the mood, I go shopping, and I can go half a day shopping and do not buy anything because of this my mood is very up. Sometimes folds the situation that a person needs to buy something specific and it takes a couple of hours shopping and not find the things he wanted to buy, for this reason I think that the best purchases are those purchases which are made by accident. I can also go to the store which sells accessories and Souvenirs and I enjoy the fact that I bought it. Also, recently it has become popular to shop online, but I believe that when buying things, you need to try them or touch hands. Most of all I'm going to go shopping before new year because all shops are decorated with new year's toys and also in all shops big discounts and it means that it is possible to buy. The only negative is that at this time in the shops a lot of people. After a hard day shopping, I like to drink hot coffee or a full meal.

In conclusion, I can say that shopping is a kind of holiday. I don't understand people who don't like to go shopping and perceive it as doing something against their will or by force. And who the likes simply spend money and receiving pleasure not from what he bought what a good thing and the that he spent money.