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I've never been good at time management. When I was still at school all this was somehow easier. And I grew up in the village. Everything was on schedule. Going to school is necessary to set time. Returning from there it is necessary to eat and get some rest. Then do your homework in all subjects. And so it is repeated cyclically. And during the holidays ... Then, too, there is a schedule. To help with chores around the house, waking up early before the sun beginning to bake and taken to restore order in the yard and garden, feed the pets. By noon it was possible to relax reading a book in a cool room. And controlled all this, of course, by parents.

When you move into an adult independent life, everything becomes much more difficult. Things do not always go according to plan, and has to deal with this yourself. Looking for work, chores around the house. Study in the end. You can never know for sure that can happen again. But everything can fall on your head! And time is a precious thing. Time is money - as stated in all well-known saying. Everyone should first learn not to waste it in vain. Youth is not eternal. We must live for today, but think about the future. Take care of yourself and your family. Attach the power in your education and career. Manage your time. Take care of your health. You can go jogging in the morning or have a section for swimming. Every day, try to learn something new. Work, but not just to survive today. Accumulate money for something big and important. But do not forget to rest. Set aside time to meet with friends and family. This may be going to the movies once a week, or a trip into the countryside. Perhaps a gala dinner in the family circle. To keep up with all, should be the schedule for the day. You can simply make a list of things that definitely need to be able to complete. And you can even set a specific time for each item.

Organization promotes very productive day. Of course sometimes the will of circumstances something could break out of the schedule, but it's not a big problem. After all, the list is still easier to navigate. In this case, you can be sure that everything is not in vain. Use your time well!