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In my opinion, if you want to be successful and keep up with the time during all your life you always have to set goals. It means that you always have to live with goals in your head. It will motivate you to actions and you will enjoy your life.

if you chose a goal which you want realize in future, you have to follow some rules:

1. Write your goals in the list and put it in the most visible place
2. Never give up. It seems that you are try and try but you will never receive the result you expect, and sometimes people leave this idea. But don't you forget: if you will try you necessarily receive the positive result
3. Think and imagine the result you receive if your goal will achieve. This method calls "visualization"

So, what about me – I have never lived without goals, my life consists from goals. There are absolutely different goals from different parts of my life.

One goal concerns my study. I want to get a second higher education. What I am doing now to achieve it? I study at University, read books, pass exams. It means that I work hard every day to get my goal

A second goal concerns my job. It is new higher position at my job. I want to become a leader. I prefer work with my team of people, and I know when I become a leader a can create a new awesome team.

A third goal concerns my healthy. I plan to start surfing classes and other kinds of sport.

These are my main goals for this year. And I absolutely sure that these goals can be realize, because I always stick to my rules about I talk earlier.

And don't you forget! The main rule – never give up and go to your goal